

County 10000m Track Championship and open 10,000m race
Bedford international Stadium, Barkers Lane, Bedford, MK41 9SA
Sunday, 28 September 2008

Position	No	Athlete	Age Group	Club	County	Time
1	151	Paul Farmer	SM	Amphill & Flitwick Flyers	Guest	33:05.87
2	153	Ian Johnston	SM	Shettleton Harriers	Herts	33:53.60
3	156	Frank Rooney	U20M	Vale of Aylesbury	Bucks	35:56.61
4	157	Jim Brown	V50	Fairlands Valley Spartans	Herts	41:21.65
5	154	Colin Taylor	V50	Watford Joggers	Herts	41:44.48